



L-1 STUDENT ASSESSMENT

Introduction to Canoe -Tandem & Solo

Prerequisite: None

Student: _____ **ACA #** _____ **Assessor:** _____

Rating: P- Passing N- Needs more practice

STROKES	Bow	Stern	Solo	COMMENTS
Forward				
Back to stop				
Draw				
Pry				
Forward Sweeps				
Reverse Sweep				
Bow Draw				
Cross Bow Draw				
Stern Draw				
Stern Pry				
Stern Rudder				
Push-away				
J-Stroke				

MANEUVERS	Bow	Stern	Solo	COMMENTS
Forward straight				
Stop				
Spin				
Abeam				
Wide turn moving				

RESCUE/SAFETY	P or N	COMMENTS
Rescue Priorities		
Swim boat to shore		
Emptying boat		
Towing Swimmer & boat		
Boat over boat rescue		
Side-by-side rescue		
Rescue sling		
Capsize & reentry		

TECHNICAL KNOWLEGE	P or N	COMMENTS
PFD use & fit		
Boat carries		
Enter/exit boat		
Universal signals		
Group travel		
Emergency procedures		
3 W's + lightening		
Loading & tie-down		
Responsibilities of group, victim, individual, rescuer		

Pass _____ **Needs more practice** _____ **Assessor Signature** _____ **Date** _____

Recommendations (*Use back of page*) _____ **Assisting Instructor** _____